

# OCTOBER 2023

## BREAKFAST & LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	BREAKFAST – STUFFED PASTRY, CEREAL, FRUIT, JUICE, MILK  LUNCH – CRISPY/CHICKEN LEG/THIGH, DINNER ROLL, GREEN BEANS, PINEAPPLE,MILK	3	BREAKFAST – BRK PIZZA PANCAKE ON A STICK, CEREAL, FRUIT, JUICE, MILK  LUNCH – TERIYAKI BITES, WHITE RICE, CORN, TOSS SALAD, ORANGES, COOKIES, MILK	4	BREAKFAST – EGG BURRITOS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHICKEN FAJITA, TORTILLA CHIPS, TOSS SALAD, MANDARIN ORANGES, MILK	5	BREAKFAST – MUFFINS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHILI, CRACKERS, CINNAMON ROLL, PEACHES,MILK	6	BREAKFAST – PANCAKES, CEREAL, FRUIT, JUICE, MILK  LUNCH – PEPPERONI PIZZA, GARLIC BREAD, CORN ,SALAD BAR, JELL-O,GRANOLA BAR,MILK
9	NO SCHOOL	10	BREAKFAST –YOGURT & OATS, CEREAL, FRUIT, JUICE, MILK  LUNCH – COUNTRY FRIED STEAK, MASHED POTATOES & GRAVY, DINNER ROLL, GREEN BEANS,PEARS,MILK	11	BREAKFAST- FRENCH TOAST, CEREAL, FRUIT, JUICE, MILK  LUNCH—TOTCHOS WITH CHEESE, SALAD BAR, STUFFED PASTRY, GRAPES,MILK	12	BREAKFAST – BAGELS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHICKEN POP DOGS, SEASONING BROCCOLI, CHIPS, PINEAPPLE,COOKIES,MILK	13	BREAKFAST – WESTERN OMELET, CEREAL, FRUIT, JUICE, MILK  LUNCH – BURRITO BEAN & CHEESE, MEXICAN RICE, TOSS SALAD, FRUIT COCKTAIL,MILK
16	BREAKFAST – SAUSAGE BISCUITS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHILI FRIES, CORN, CINNAMON PUFF, WATERMELON, MILK	17	BREAKFAST –STUFFED PASTRY, CEREAL, FRUIT, JUICE, MILK  LUNCH – GRILLED CHEESE, TOMATO SOUP, FRIES , STRAWBERRIES & BANANAS, MILK	18	BREAKFAST – LONG JOHNS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHICKEN WRAPS, SALAD BAR, BAKED BEANS, JELL-O, MILK	19	BREAKFAST – BISCUITS & GRAVY, CEREAL, FRUIT, JUICE, MILK  LUNCH – CORN DOGS, TRI-TATER, SALAD BAR, PUDDING, PEACHES, MILK	20	BREAKFAST – FRENCH TOAST, CEREAL, FRUIT, JUICE, MILK  LUNCH – CRISPY FISH NUGGETS,MACARONI & CHEESE, DINNER ROLL,CORN,PEARS,MILK
23	BREAKFAST- EGG BURRITO, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHEESEBURGER ON A BUN, SMILEY FRIES,BAKED BEANS,COOKIE,MILK	24	BREAKFAST BISCUITS& GRAVY, CERĒAL, FRUIT, JUICE, MILK  EARLY DISMISSAL 11:30	25	BREAKFAST- BAGELS, CEREAL, FRUIT, JUICE, MILK  LUNCH– GROUND BEEF TACO SHELL/SOFT,CORN, ORANGES,TOSS SALAD,MILK	26	BREAKFAST— PANCAKES, CEREAL, FRUIT, JUICE, MILK  LUNCH—BAR-B-Q RIBS,CHIPS,CORN,DINNER ROLL, GRANOLA BAR, MILK	27	NO SCHOOL
30	BREAKFAST – MUFFINS, CEREAL, FRUIT, JUICE, MILK  LUNCH – CHICKEN NUGGETS, SCALLOPED POTATOES, BAKED BEANS, DINNER ROLL, PEARS, MILK	31	BREAKFAST – SAUSAGE PANCAKE ON A STICK, CEREAL, FRUIT, JUICE, MILK  LUNCH – TACO SALAD, REFRIED BEANS, SALAD BAR,MANDARIN ORANGES, CINNAMON PUFF, MILK		MENU SUBJECT TO CHANGE				

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